

**Carmichael Recreation and Park District in partnership with  
the Sheriff's Youth Services Unit present:**

Carmichael



# Summer Basketball Program

## 6th - 8th Graders

### PROGRAM INFORMATION

Program runs on Fridays only from 6pm—8:30pm starting June 6th—July 25th (No program on July 4th)  
Located at the La Sierra Community Center's Big Gym  
5325 Engle Road in Carmichael

### PROGRAM HIGHLIGHTS:

- All players receive their own reversible jersey
- Weekly focused individual fundamental skill development
- Weekly focused team development including half court offenses and player-to-player defensive concepts
- 3-on-3 league style games in a round robin format
- Contests for prizes including Hot Shot and 3-point

### PROGRAM STRUCTURE:

- Deputy Sheriffs act as coaches and mentors for fundamental station work and competitions. Mentoring will allow for positive interaction between coaches and the players. Mentoring includes discussion on life skills and making the right choices.
- Players are separated into different stations while working on skill development with coaches
- Skill development with progression to 3-on-3 competition each week.

**FEE::** \$15 (Resident) \$20 (Non-Resident) per participant

**REGISTRATION:** Accepting registration from May 5th —May 30th

**How to Register:** In person at our La Sierra Community Center 5325 Engle Rd, Suite 100 in Carmichael (drop box located outside office for after hours registration), by fax at 483-7861 or by email at [sports@carmichaelpark.com](mailto:sports@carmichaelpark.com). Payment must accompany registration.

**JERSEY INFO:** Each player receives their own reversible jersey with registration. Please indicate your shirt size on the registration form.

**REFUNDS:** Refunds will not be given 6/5/2014



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Life  
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